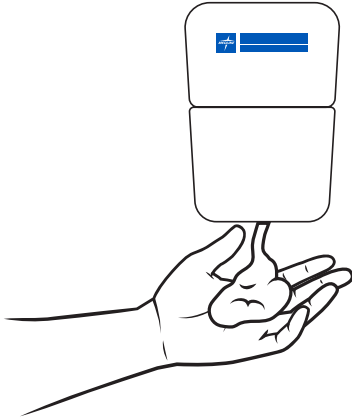


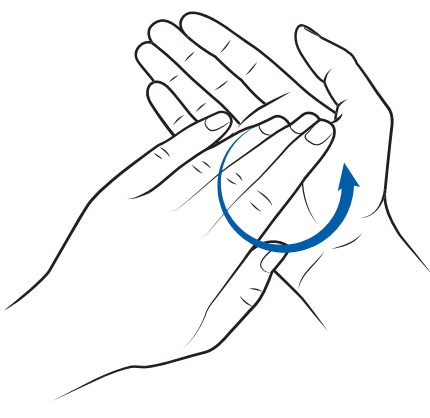
Countdown to clean hands

Follow these **8 steps** for effective hand hygiene application, recommended by the World Health Organization.

+ 20 seconds on the clock—go



1 Apply a palmful of **Spectrum™** hand sanitizer in a cupped hand.



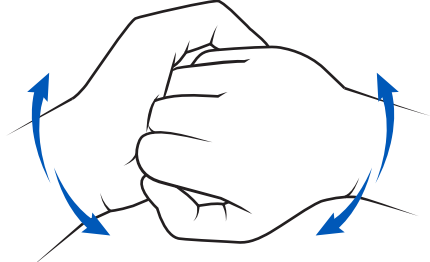
2 Rub hands palm to palm.



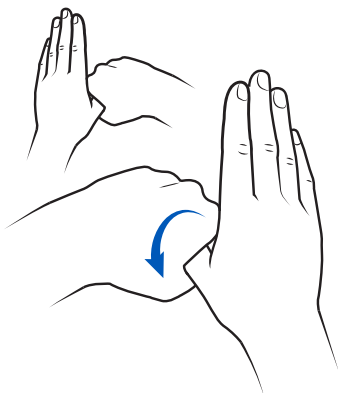
3 Rub palm of one hand over back of opposite hand while interlacing fingers; switch hands and repeat.



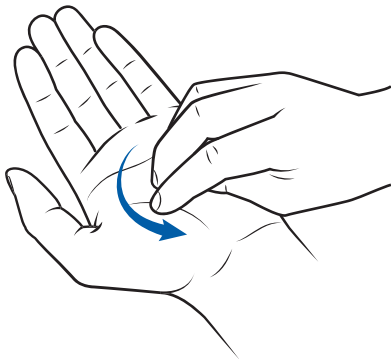
4 Rub palm to palm with fingers interlaced.



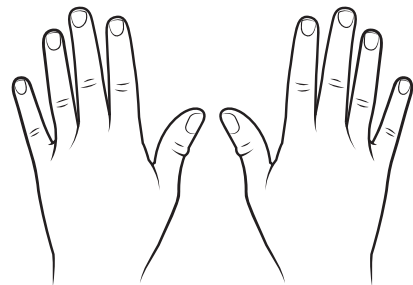
5 Rub backs of fingers to opposing palms with fingers cupped.



6 Cup entire thumb with opposing hand and rub in a rotational pattern. Switch hands and repeat.



7 Rub fingertips of one hand rotationally in the palm of the other, switch hands and repeat.



8 Once dry, your hands are ready.



Defend against germs, hold onto hydration.



INTERNAL USE ONLY. Effective at eliminating 99.99% of many common harmful germs and bacteria on average in 20 seconds. Recommended best practices and illustrations were developed by The World Health Organization. © 2022 Medline Industries, LP. Spectrum is a trademark of Medline Industries, LP. Medline is a registered trademark of Medline Industries, LP. MKT19W4042157 / LIT617 / 2.5M / SG / 88